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Help for daily living

By Dr. Norman Campbell

If you want to get the most out of your day, I suggest these three things:

[1] CONCENTRATE ON YOUR RESPONSIBILITIES, NOT YOUR RIGHTS.

It's an imperfect world, and you won't always be treated fairly; that's just a fact of life today.

If you want to go far, travel light spiritually; release and unload your resentments!

Paul says, Philippians 4:8" . . . you'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious - the best, not the worst . . . "

[2] SPEND TIME WITH POSITIVE PEOPLE.

The only difference in what you are now and what you'll be five years from now is the books you read and the company you keep. Henry Ford once said, "My best friend is the one who brings out the best in me."

What do your friends bring out in you?

Solomon said in Proverbs 13:2 "He that walketh with wise men shall be wise: but a companion of fools shall be destroyed."

[3] YOU CAN MAKE TODAY THE BEST DAY OF YOUR LIFE.

When Shirley Temple asked her mother what the happiest moment in her life was, she replied, "Right now."

"But what about the day you were married?" Shirley asked.

Her mum said, "My happiest moment then was then, but my happiest moment now is now. You see, you can live only in the moment you're in, so to me that's the happiest moment."

That's a great answer!

Lamentations 3:23 "His mercies are new every morning."

Psalm 68:19 "He daily loadeth us with benefits"

That means you should get up every day and announce,

Psalm 118:24 "This is the day the Lord has made; I will rejoice and be glad in it."

Dr. Norman Campbell